

## CO-DEPENDENTS ANONYMOUS



### CODA SOUTH AFRICA MEETING Saturday 12 August 2006

**Present:**

**Paola: Cape Town**  
**Trixi: Kommetjie**  
**James: Somerset West**  
**Lisa: Somerset West**  
**Barbara: Rondebosch**  
**Robyn: Milnerton**

**Apologies**

**Miranda: Kommetjie**  
**Lynn: Johannesburg**  
**Julia: Rondebosch**

ITEM	DETAILS	SPEAKER/ ACTION
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**1. Plettenburg Group:**

Trixi e-mailed the group and gave info as to what is expected from a CoDA group e.g.: 12Steps, Traditions anonymity, crosstalk etc.

Lindi had gone to Plett but they had not had a meeting because they had stopped for a church course. She said that she will give them guidelines when next she goes.

**2. CoDA Phone Line:**

James has updated the line. Listen to it and give feedback if applicable.

**3. Literature:**

Previously, Lisa had sat with Louis and together they had ordered CoDA literature from CORE in the states.

It looks as if we will go for a bulk order through the National office. Each GSR must go back to their group and find out if anybody wants to order through the National office. There will be two kinds of orders, orders from the group like: Pamphlets, Blue book etc and orders from individuals in the group that would like to order for themselves. The National office will order when there is a big enough order.

We considered ordering chips which would be available from the National office.

Photocopying: Some groups do Photostat literature. It is a group conscience thing but National office says that it is not recommended. If anyone is using copies, they should be replaced with originals as soon as they become available.

#### **4. Notifying Institutions:**

Some GSR's had not yet handed copies of the flyers to other members but will do so. Milnerton had received enquiries which were presumed from the flyers? It would be nice to enquire as to where newcomers heard about CoDA.

#### **5. Section 21 Company**

James went to the Department of Social Welfare. The forms appear to be far simpler. It is also free, including lawyers fees. We began to fill in the information on the forms. James and Lisa will look at the completion of the forms, including the constitution which is our 12 Traditions.

#### **6. Financial Matters:**

Robyn confirmed that we all received confirmation of the money received to date. Rondebosch made another payment to National. Robyn also paid Rondebosch money due for rental and tea.

Robyn felt that she is not comfortable keeping the money at home as it is over R1000.00. It was decided that Robyn will place the money in a Post Office account. She will keep a float of R100.00 and deposit the rest.

Robyn drew up a form but Lisa mentioned that there is a form in the starter pack. Robyn asked that she e-mail it to all of us so that we can make use of the form when paying National Office.

#### **7. 7<sup>th</sup> Tradition Donations:**

Lisa suggested that we take a 7<sup>th</sup> Tradition donation at National meetings. We explained that we are already donating through our groups and are paying petrol costs to get there. Most of felt that it is reasonable for National Office to pay for our tea and rental.

#### **8. CoDA Website:**

James is working on the site. The 2 options that are available are: a) We can wait until we are registered as an NPO or b) We can use .za.org which is also free. We will have to pay for the domain name and for hosting a website.

We discussed what kinds of things to put on the site. James suggested a structural change from the international website. He mentioned two parts, one that serves newcomers and one that serves us (with documentation such as forms, minutes of meeting etc.

James and Lisa will get together to look at it and will send it to all of us to look at and to come back with comments.

James will come back with prices; Robyn will also come back with info re prices.

A note of thanks was made to James for what he has done so far.

#### **9. New meetings:**

Paola mentioned that a member from Cape Town would like to start a group in the Tambouraskloof area. They can get a starter pack off the International website. They need to choose a GSR who will attend National meetings.

Trixi mentioned that a group would also be starting in Ocean view.

#### **10. Language Usage:**

Lisa asked that we be more careful about using controlling language

like should, must, have to.

Words like recommend, suggest would be more appropriate.

**11. Spelling:**

Co-dependents is the correct spelling.

**12. Next Meeting:**

16 September 2006 at 14:00