

# CO-DEPENDENTS ANONYMOUS



## CODA NATIONAL MEETING Saturday 14 April 2007

### Present:

**Paola:** Cape Town  
**Trixi:** Kommetjie  
**Miranda:** Kommetjie  
**Barbara:** Rondebosch  
**Robyn:** Milnerton  
**Lisa:** Somerset West  
**James:** Somerset West

### Apologies

ITEM	DETAILS	SPEAKER/ ACTION
1. <u>Minutes of Previous Meeting</u>	Minutes of previous meeting were read through.	Trixi
2. <u>Literature:</u>	Lisa is waiting for a reply on the shipping costs as it was necessary to exclude the medallions from the order due to insufficient funds. When she receives the amount, she will e-mail Robyn to check if there is sufficient money for the order. If there is not, we will each make an appeal to groups for 7 <sup>th</sup> tradition donations specifically for literature. Lisa has been given the go ahead from all GSR's to place the order. Kenilworth does have the Big Book and other literature on codependence if people are in a hurry.	Lisa
3. <u>Website:</u>	Thanks, to James for all the hard work done on the website. Each person needs to set the e-mail up according to James' instructions. Trixi is the only one that has done so. James will find out about alias which will filter through one e-mail address. We will all still use our personal e-mails to correspond with each other. The world service site needs to be updated. Each person must update their own information.	James/all
4. <u>Section 21 Company</u>	James apologised for the forms not being sent off as yet. The	James

forms were ready and Trixi and Paola signed them. James will now send them off to be processed.

Thanks, to James and Lisa for their input in setting this up.

**6. Financial Matters:**

**Robyn**

Rondebosch and Cape Town handed money over to Robyn.

R35 was paid to Rondebosch for expenses.

R298.00 was paid to reimburse Trixi for the money paid for the website.

Thanks, to Robyn for doing the finances.

Robyn will e-mail an updated financial sheet to each GSR.

**7. National Meeting for Therapists:**

**Lisa/ James**

Lisa read out an e-mail from Jeffrey's sponsor about the meeting.

Paola gave an objection from one of CT members.

It was confirmed that this meeting is an open CoDA meeting where members will pass on the message.

Therapists will not receive an invitation but rather a meeting notification.

Lisa will alter the meeting notification and e-mail a copy to each GSR.

James will add the meeting notification to the website.

**8. CoDA Information brochures:**

**Trixi/all**

Gauteng details need to be changed on the brochure.

Hugo's name needs to be replaced with Barbara's name and number.

Trixi will put a date on the brochure so that we know which is the latest copy.

Trixi will e-mail an updated info brochure to each GSR and each group will be responsible for photo copying their own brochures.

**9. Pretoria Meeting/ Plettenberg**

Trixi had not heard from Mia after trying to contact her. The Pretoria meeting is therefore not official as yet.

Nobody has had contact with Plettenberg Bay and we were wondering if they are still running.

**10. CoDA Structure**

We looked at copies of the AA structure and discussed whether it was suitable for CoDA.

Miranda gave feedback on Kommetjie's comments about the structuring of National Group.

They felt that if the GSR's had been elected by their group, and the minutes of meetings were made freely available to members, the GSR is the decision maker as this speeds up the process.

She made some suggestions about how to structure ourselves:

She asked about our responsibilities and suggested we each draw up clearly what our duties are so that someone is to take over from us, the duties are clear. We will then send these on to James and he can include these duties and positions on the website.

She felt that we need to consolidate ourselves and not to take on more than we can handle at this point.

She said that as anon-profit organization we will need to hold an AGM and have an annual report.

She mentioned that Kommetjie is happy with the group.

We need to look at the service manual and Lisa suggested again that this becomes part of our National Meeting each month.

**11. Next Meeting:**

12 May 2007

14:00